

Athelington, Horham & Redlingfield **DIRECTORY**

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**USEFUL CONTACTS &
INFORMATION 2018**

Welcome to the seventh edition of this directory. Every effort has been made to make the information in this supplement accurate & we will use your regular editions of the *Athelington, Horham & Redlingfield News* to update you on any changes we hear about. If you want an organisation or group included in the next directory, please get in touch. We aim to produce a new directory every two years.

Mike Ager & Evelyn Adey

HORHAM & ATHELINGTON COMMUNITY COUNCIL (community centre opposite the church):

Membership £10 for a family living at one address, (2 adults & children up to 16 years), £5 for a single adult, £3 for a junior 16-18 years (age must be proven). Membership runs Jan 1-Dec 31. Membership forms available from the bar staff, or Angela Wilkins, 384625.

Community Centre club nights & opening hours: Wed, Fri, & Sat, 8pm-11pm (admission may be restricted when a private function is being held). Further information on membership or events from Angela Wilkins. Hall bookings via Karen Alderton, 384754 or 07775 672220. Chairman - Margaret Streeter, 384869. Personal Licence Holder - Rod Tyrrell, 388285. No fly tipping on the community centre bonfire site please & please could people not drive on the grass to deliver bottles & papers to the recycling banks.

HORHAM OLD SCHOOL & SOCIAL CLUB (next to church): The club is open from 8.30pm till late on Tues & Fri year-round. Cyber Cafe & Coffee morning Wed from 10.30am till 12ish. Cafetière coffee, homemade cake & computer help/advice & tuition is available during these sessions. All ages welcome. Chairman - Christine Cooper, 384168. Secretary - Margaret Streeter, 384869. Hall Bookings Pip Florance, 384370.

95TH BOMB GROUP HOSPITAL MUSEUM: Shingle Hill, Denham, IP21 5EU (open last Sundays of the month May-Oct inc, 10am-4pm or by appointment). Tony Albrow: 870514, Email: tony@albrow.org, Web: www.95thbghospitalmuseum.co.uk.

95TH BOMB GROUP HERITAGE ASSOCIATION/RED FEATHER CLUB: Horham Airfield, IP21 5DG (public open days last Sundays of the month April-October inclusive, 10am-4pm). Other visiting times may be arranged by appointment. Other events throughout year. Annual membership £12. Coldhams Hill, Denham, IP21 5DG. Email: enquiries@95thbg-horham.com, Web: www.95thbg-horham.com.



The Red Feather Club.

REDLINGFIELD & OCCOLD WOMEN'S INSTITUTE:

Meetings in Occold Village Hall on the first Wed of the month except Jan when they are on the second Wed.

President - Lesley Hull, 678228.

NEW REEDING WOODS GROUP: Pound Lane Wood, Redlingfield Road, Horham: Join a working party, or become a "friend". This community woodland is held in trust for the villagers of Denham, Horham & Athelington. Secretary - Penny Conway, Cranley Cottage, The Street, Denham, IP21 5EX. Tel: 870165.



**The Hoxon Hundred
on Redlingfield
Doorstep Green.**

REDLINGFIELD DOORSTEP GREEN: The three-quarter acre site close to the centre of the village is run by Redlingfield Village Amenities Ltd (a not-for-profit company launched specifically for the purpose). The directors are Mike Ager, Andrew Abbott, Hazel Abbott, Allan Chapman, Pat Kelly, Manday Miller & Janet Norman-Philips. It is the venue for the annual village BBQ & regular pop-up pubs from April to October.

HORHAM DAIRY AND CARE FARM: Stradbroke Road, Horham, IP21 5DZ. Tel: 07752 168156, Email: info@horhamdairyandcarefarmcic.co.uk, Web: www.horhamdairyandcarefarm.org. The care farm aims to educate, motivate & inspire people to use food & nature to improve their health, wellbeing & quality of life. The dairy should be in full production by Spring 2019 with a grand opening on 18th July. The care farm is open on Tues & Thurs, 10am-3pm.

ROYAL AIR FORCES ASSOCIATION - DISS AND DISTRICT RAFA BRANCH (covers this area): Meetings at Diss Bowls Club (entrance down the side of the Cock Inn) Lower Denmark Street, Diss, Norfolk, IP22 4BE, on the fourth Monday of the month. Secretary - Marilyn Hurst, 643108. Email: ronandmarilyn@btinternet.com. Web: http://dissanddistrictrafa.onesuffolk.net.

ROYAL BRITISH LEGION - STRADBROKE AND DISTRICT BRANCH: Meetings at the Royal Oak, Laxfield. In May, June, July & Sept they meet at 7 pm & in Oct, Nov, Dec, Feb, March & April they meet at 11.30am. They do not meet in Jan & Aug. Branch Secretary - Bernard Mills, 01986 798414. The branch are happy to welcome new members & provide welfare support where appropriate. Web: www.britishlegion.org.uk/ & www.stradbrokeonline.org.uk/index.php/the-royal-british-legion.

HOXON HUNDRED: Morris dancers & musicians practise on Wednesdays from beginning of September to end of April at St Edmund's Hall, Hoxne, 7.15pm-10pm. Bunny Nash: 608733. Email: p-d.crowe@live.co.uk Web: www.hoxonhundred.co.uk.

FRAMLINGHAM BRIDGE CLUB: Meets at the Conservative Club, Monday at 7pm for duplicate bridge. All players welcome. Improvers Class Wednesdays 2-5pm.

1ST FRESSINGFIELD SCOUT GROUP: **Beaver Scouts**, (6 to 8 years) Mon 5-6.30pm; **Tiger Cub Scouts** (8 to 10 years) Mon 6.45-8.15pm; **Wolf Cub Scouts** (8 to 10 years) Wed 6.30-7.30pm; **Pioneer Scouts** (10 to 14 years) Tues 7-8.45pm; **Adventure Scouts** (10 to 14 years) Fri 7.15-9pm; **Explorer Scouts** (14 to 18 years) Fri 7.15-9pm. Andrew Aalders-Dunthorne, Group Scout Leader, Scout HQ, Goodwin Hall, New Street, Fressingfield, IP21 5PG, 07908 262623, Email: andrew.aaldersdunthorne@talk21.com, Web: www.fressingfieldscoutgroup.org.uk

1ST EYE SCOUT GROUP (incorporating Beavers, Cubs & Scouts): **Beavers**, (6 to 8 years - boys & girls), Wed 5.30-7pm. **Cubs**, (8 to 10½ years), Mon 6.30-8pm. **Scouts**, (10½ to 14 years), Tues 7.30-9.15pm, Neil Bolger, 07850 464111. Scout Hut, Wellington Road, Eye. Group Scout Leader is Joan Norman. **Explorer Scouts**, (14 to 18 years), Tues from 7.30-9.15pm. Joan Norman, 890432. Email: joan.norman1@sky.com.

1ST FRESSINGFIELD AND STRADBROKE BROWNIES: Candice Dudley, 388308 or 07795 691051 or stradbrokebrownies@gmail.com (Brownies for girls 7 to 10 years).

WORKERS EDUCATION ASSOCIATION (adult learning): The WEA runs a number of different courses in Stradbroke Community Centre & other nearby venues. Visit www.wea.org.uk for up-to-date information. Tel: 01223 417320. Email: eastern@wea.org.uk.

SUFFOLK ANIMAL RESCUE: 5 Cherry Tree Lane, Debenham, Suffolk, IP14 6QT. Rescued cats, dogs, rabbits & other small animals seeking new homes. 01728 860937, Email: suffolkar@hotmail.com, Web: www.suffolkanimalrescue.org. Visitors are strictly by appointment.

BLUE CROSS: www.bluecross.org.uk

DOGS TRUST: www.dogstrust.org.uk

CATS PROTECTION: www.cats.org.uk

BRITISH HEDGEHOG PRESERVATION SOCIETY: www.britishhedgehogs.org.uk

RSPCA: Reporting cruelty - call their 24-hour line to report cruelty or an animal in distress. 0300 1234 999. *Rehoming* - Martlesham Animal Centre, 2 Mill Lane, Martlesham, IP12 4PD Tel: 0300 999 7321. Web: www.rspca.org.uk.

Other animal rescue organisations such as those specialising in bird of prey & hedgehogs are listed on the Redlingfield website.

LOCAL VETS A-Z:

■ **Castle Veterinary Group** (Framlingham): *small animal practice*, Pepperwash Lane, Framlingham, IP13 9PT. Tel: 01728 723480. Web: <https://castlevetgroup.com>. Email: castlevets@cvsrvets.com;

■ **Cedarwood Veterinary Practice** (Stowmarket): *small animal practice*, Combs House, Stowmarket Business Park Needham Road, Stowmarket. Tel: 01449 676966. Web: www.cedarwoodvets.co.uk. Email: office@cedarwoodvets.co.uk;

■ **Cherry Tree Vets** (Diss & Harleston): *small animal practice*, Cherry Tree Stables, Roydon Road, Diss, IP22 4LN. Tel: 870999. Email: info@cherrytree-vets.co.uk. No.3 Broad Street, Harleston, IP20 9AZ. Tel: 852999. Email: harleston@cherrytree-vets.co.uk. Web: <https://cherrytree-vets.co.uk>;

■ **Debenham Veterinary Practice** (Debenham): *small animal practice*, 14 Low Road, Debenham, IP14 6QU. Tel: 01728 861289. Web: www.debenhamvets.co.uk. Email: debenhamvets@gmail.com;

■ **Deben Valley Equine Veterinary Clinic** (Framsden): *horse & donkey specialists*, High House Farm, Birds Lane, Framsden, IP14 6HR. Tel: 01728 685123. Web: www.debenvalleyvet.co.uk. Email: admin@debenvalleyvet.co.uk;

■ **Framlingham Vets** (Framlingham): *small animal practice*, Station Road, Framlingham, IP13 9EE. Tel: 01728 621666. Web: www.framlinghamvets.com. Email: reception@framlinghamvets.com;

■ **Linden House Veterinary Centre** (Diss): *small animal practice*, 70 Mission Road, Diss, IP22 4HX. Tel: 651183. Web: <https://lindenhousevets.com>. Email: enquiries@lindenhousevets.com;

■ **Oakwood Veterinary Group** (Harleston & Eye): *small animal, farm, agricultural & equine practice*, Fuller Road, Harleston, IP20 9EA & Eye branch 19 Church Street, Eye, Suffolk, IP23 7BD. Tel: 852146. Web: www.oakwoodvets.co.uk. Email: admin@oakwoodvets.co.uk;

■ **Stowe Veterinary Group** (Stowmarket): *small animal, farm, agricultural & equine practice*, Stowe Veterinary Centre, 54 Bury Road, Stowmarket, Suffolk IP14 1JF. Tel: 01449 613130. Web: www.stovevets.co.uk. Email: mail@stovevets.co.uk;

■ **Uplands Way Veterinary Clinic** (Diss also Attleborough & Stanton): *small animal, smallholders, exotics & equine practice*, Low Road, Bressingham, Diss, IP22 2AA. Tel: 642865. Web: www.uplandswayvets.co.uk. Email: vets@uplandswayvets.co.uk.



Suffolk Animal Rescue picture.

THE EYE GRAMMAR SCHOOL FUND: This trust fund provides grants to young people & educational organisations serving those under 25 who live in Eye, Athelington, Bedfield & Horham. Special grants are available to cover expenses not met by the local education authority. For application form contact the clerk, Louise Allen, 35 Castle Street, Eye, IP23 7AW. Email: Louisekallen@outlook.com.

OCCOLD PRE-SCHOOL: The Village Hall, Jubilee Field, Occold, IP23 7PL. An OFSTED-rated 'Outstanding' establishment. For children from 2 to 5 years. Sessions Mon-Fri, 8.00am-4.30pm during term time. Manager: Linda Jay, 01379 678397, after hours 01728 628583. Email: occoldpreschool@aol.com or preschool.treasurer@occold.com.

WILBY C of E SCHOOL NURSERY: Brundish Road, Wilby IP21 5LR. The nursery offers 30 hours pre-school provision for 3 & 4 year olds. 8.45am-3.15pm & wrap around care on site or with school linked OFSTED registered child-minder. Every Thursday in term time 'Crocodile Rock' music & movement sessions for babies & toddlers followed by 'Stay & play' from 10-11.30am. For details visit www.crocodile-rock.com Roisin Wiseman, headteacher, 384708. Email: admin@wilby.suffolk.sch.uk. Web: www.wilbyprimary.org.uk.

CITIZENS ADVICE BUREAUX: Get advice online from www.citizensadvice.org.uk. Consumer helpline on 03454 040506, 9am-5pm, Mon-Fri excluding bank holidays.

DISS, THETFORD & DISTRICT CITIZENS ADVICE BUREAU: Web: www.dissandthetfordcab.org.uk, Email: advice.enquiry@cadat.org.uk. Norfolk CA Adviceline: 03444 111444.

DISS: Diss Youth & Community Centre, Shelfanger Road, Diss, IP22 4EH. Open: Mon, Wed, Thurs & Fri, 10am-3pm (drop in, no appointments). Other services at Diss (all by appointment only - 03444 111444): general advice appointments, local solicitors, independent financial adviser, specialist debt advice, specialist welfare benefits advice, specialist employment advice & energy efficiency advice.

HARLESTON INFORMATION PLUS: 2 Exchange Street, Harleston, IP20 9AB. Norfolk CA, Wed 10am-noon, 12:00 drop-in only.

EYE HEALTH CENTRE: Castleton Way, Eye, IP23 7DD. Norfolk CA, Thurs 9-11am (by appointment only - 03444 111444).

CITIZENS ADVICE MID SUFFOLK - STOWMARKET: 5 Milton Road South, Stowmarket, Suffolk, IP14 1EZ. Web: www.midsuffolkcab.org.uk, Email: advice@midsuffolkcab.org.uk, Tel: 01449 676060 & 676280. Open: Mon & Tues 9.30am-3.30pm; Thurs 9.30am-6.30pm; Fri 9.30am-12.30pm. Telephone advice & appointments only Wed 9.30am-3.30pm.

FARMERS' MARKETS ETC: **Eye Country Market:** Town Hall, Weds, 10am-11am. **Diss Farmers' Market:** Marketplace, 2nd Sat of month, 9am-1.30pm. **Hoxne Artisan Market:** St Edmund's Hall, 2nd Sat, 10am-2pm. **Rickinghall Farmers' Market:** Village Hall, 2nd Sat, 9am-12.30pm. **Stowmarket Farmers' Market:** Marketplace, 1st Fri, 9.30am-1pm. **Fressingfield Community Produce Market:** 3rd Sat (May to Oct) on the Fox & Goose Green or Sancroft Hall, 10am-noon.

HORHAM SHOP & POST OFFICE: The Street, Horham, IP21 5DY. Open: 9am-1pm, Mon-Sat; 2pm-5pm, Mon, Tue, Thurs & Fri. Open for about an hour early Sun morning.

EYE CHURCH SHOP: A full range of fairtrade goods & Traidcraft foods & gifts. Open 11am-1pm, Wed, Thurs & Fri. Fairtrade & Church Shop contact Sue Watson 01728 627834.

NEWSPAPER DELIVERIES: Steve Tuck delivers newspapers & magazines & accepts all pre-paid vouchers. Tel: 01728 685385 or 07747 120977, Email: Stephen@stephentuckwell.wanadoo.co.uk.

DAIRY CREST MILK & MORE: Delivers dairy & other groceries. Web: www.milkandmore.co.uk.

THE FISH & MEAT COMPANY: Delivers seafood, meat & desserts locally. Tel: 07858 244559 or 01353 721522. Milton House, 1 Townsend, Soham, Ely, Cambs, CB7 5DB.

ROADWORKS: You can find out about roadworks, road closures, diversions & traffic restrictions in Suffolk at www.suffolk.gov.uk/roads-and-transport/roadworks/roadworks-in-suffolk/

POTHOLES: You can report potholes in Suffolk quickly & easily online using the Highways Reporting Tool at www.suffolk.gov.uk/roads-and-transport/roads-pavements-and-verges/potholes/report-a-pothole. You should not report a pothole online if: it poses an immediate danger to public safety (call 0345 606 6171); it is on a trunk road in Suffolk (call the Highways England Information Line on 0300 123 5000); or it is on a private road. Reporting a problem takes about two minutes & you can check what work is scheduled & what potholes have been reported.

PUBLIC TRANSPORT CONTACTS: Contact Passenger Transport quickly & easily by web chat via www.suffolkonboard.com (Mon-Fri 9am-4.30pm excluding bank holidays). General enquiries: 0345 6066171, passenger.transport@suffolk.gov.uk or tweet @suffolkonboard. Home-to-school transport: 0345 6066173 or via www.suffolkonboard.com/home-to-school-transport/how-to-contact-us/; Timetables: www.suffolkonboard.com & Traveline: 0871 200 2233 & www.traveline.info. Free travel bus pass: 0345 600 0659 & www.suffolk.gov.uk/roads-and-transport/public-transport/apply-for-an-age-related-free-travel-bus-pass/.

SCHEDULED BUS SERVICES (HORHAM): DISS-MONDAYS-FRIDAYS (except public holidays): Simonds (01379 647 300, Email: info@simonds.co.uk) Route 482 - Diss-Framlingham service: leaves Diss Bus Station 9.10am arrives Horham 9.41am then arrives Framlingham 10.16am; leaves Diss Bus Station 1.30pm arrives Horham 2.11pm then arrives Framlingham 2.4pm; leaves Diss Bus Station 4.30pm arrives Horham 5.01pm terminates Stradbroke 5.04pm. Framlingham-Diss service: leaves Framlingham 10.20am arrives Horham 10.55am then arrives Diss Bus Station 11.34am; leaves Framlingham 2.50pm arrives Horham 3.25pm terminates Eye Town Hall 3.42pm on school days on non-school days arrives Diss Bus Station 3.55pm; leaves Stradbroke 5.05pm arrives Horham 5.11pm then arrives Diss Bus Station 6.41pm.

IPSWICH-1ST TUES OF THE MONTH (school days only): Farelina Bus & Coach Services (07850 940445) Route 121 - Eye-Ipswich service: leaves Eye High School 9am arrives Horham 9.15am then arrives Ipswich Old Cattle Market Bus Station 11.03am; leaves Ipswich Old Cattle Market Bus Station 1.40pm arrives Horham 2.23pm.

HIGH SUFFOLK COMMUNITY TRANSPORT (REDLINGFIELD): There are weekly return minibus services from Redlingfield to Diss, monthly services to Ipswich & Bury St Edmunds & a twice monthly Norwich service & summer service to Lowestoft. High Suffolk Community Transport: Cowslip Cottage, Bedfield, IP13 7JD. Tel: 01728 627181 Web: <https://bustimes.org/operators/high-suffolk-community-transport>.

DISS-FRIDAYS (Route 4): The Bedfield-Worlingworth-Redlingfield-Eye-Diss service leaves from opposite the village sign at 10.19am arriving at Diss Bus Station at 10.44am. It returns from Diss Bus Station at 1.15pm arriving at Redlingfield at 1.40pm.

NORWICH-2ND SAT & 4TH WED OF THE MONTH (Routes 5 & 8): The Redlingfield-Norwich service leaves from the village sign at 9.31am arrives Norwich 11.11am. It leaves Norwich at 2.45pm arriving in Redlingfield at 4.25pm.

BURY ST EDMUNDS-3RD SAT OF THE MONTH (Route 6): The Bedingfield-Bury St. Edmunds service leaves from opposite the village sign at 9.31am arrives Bury St Edmunds 11.09am. It leaves Bury at 2.45pm arriving in Redlingfield at 4.14pm.

IPSWICH-1ST SAT OF THE MONTH (Route 7): The Bedingfield-Ipswich service leaves from opposite the village sign at 9.32am arrives Ipswich 10.46am. It leaves Ipswich at 2.30pm arriving in Redlingfield at 3.42pm.

LOWESTOFT-4TH MON IN MAY, JUNE & SEPT (Route 9): The Kenton-Lowestoft service leaves from the village sign at 9.45am arrives Lowestoft 11.26am. It leaves Lowestoft at 3pm arriving in Redlingfield at 4.41pm.

BSEVC: This a charity provides transport in Mid Suffolk for those who are rurally isolated without access to a vehicle, those who cannot access public transport because of mobility difficulties or where there is little or no public transport available.

CONNECTING COMMUNITIES - A fully-accessible minibus operates in our area Mon to Sat 7am to 7pm. It can be booked up to 2 weeks in advance & bookings are restricted to 5 per passenger per 14-day period to ensure fair access.

MID SUFFOLK COMMUNITY CAR SCHEME - BESVC also has a team of 30 volunteer drivers who use their own vehicles to take people from "a" to "b". Passengers can book as far ahead as they wish & there are no restrictions on the number of bookings. The charity also has an accessible car, primarily for wheelchair users.

For more information or bookings Tel: 01449 614271 (9am-4pm), Email: bookings@bsevc.co.uk or Text: 07493 866652, Web: www.bsevc.co.uk. Their team will identify the best transport option for you & its availability.

BORDERHOPPA (HORHAM): The Borderhoppa charity operates mini buses, some of which have wheel chair lifts. They offer a door-to-door dial-a-ride service covering 61 parishes across South Norfolk & North Suffolk & serve the towns of Harleston, Diss & Long Stratton. To use the service you need to become a member.

Forms are available at www.borderhoppa.org or phone 854800.

Membership is £10 for 12 months or £6 for 6 months. Journeys are priced depending on distance travelled. The office is open 8.30am-5pm Mon-Fri. They



require a minimum of 24 hours' notice to book travel. You can book up to 5 working days or 7 days before travel. They also hire mini buses with driver to not-for-profit community groups. Borderhoppa also run regular outings for passengers & other residents in its area of operation. Email: adminborderhoppa@btconnect.com.

LIBRARIES: Residents may join both Suffolk (Web: www.suffolklibraries.co.uk Email: help@suffolklibraries.co.uk, library account, library card, renewing, PIN number & eBook enquiries Tel: 01473 263838) & Norfolk (Web: www.norfolk.gov.uk/libraries Email: libraries@norfolk.gov.uk) public libraries.

EYE: Buckshorn Lane, Eye, IP23 7AZ, Tel: 870515. Open: Tues 9am-1pm; Wed 9am-1pm & 2pm-6pm; Thurs 2pm-5pm; Fri 9am-1pm & 2pm-5pm; Sat 9am-1pm; Sun 10am-3pm.

STRADBROKE: Court House, Queens Street, Stradbroke, IP21 5HG. Tel: 384768. Open: Mon, Tues & Fri 2pm-5pm; Thurs 9am-1pm & 2pm-5pm; Sat 9am-1pm.

DISS: Church Street, Diss IP22 4DD. Tel: 0344 800 8006. Open: Mon 9am-5pm; Tues 9am-1pm; Wed 9am-1pm & 2pm-7.30pm; Thurs 9am-5pm; Fri 9am-5pm; Sat 9am-1pm.

MOBILE LIBRARY (HORHAM & REDLINGFIELD): Saxmundham Mobile Library visits every four weeks on Tuesdays (July 31, Aug 28, Sept 25, Oct 23, Nov 20 & Dec 18). It stops by Horham Church, 11.55am-12.15pm & by Redlingfield post box 12.25-12.40pm. Tel: 01473 263838. Email: help@suffolklibraries.co.uk. Web: www.suffolklibraries.co.uk/mobiles-home/saxmundham-mobile-library-route-5.



St Mary's, picture from Simon Knott suffolkchurches.co.uk.

CHURCH OF ENGLAND: St Peter & St Paul, Hoxne; **St Andrew, Redlingfield**, Church Road; **St Peter, Athelington**; **St Mary, Horham**, Information on services & history www.redlingfield.suffolk.gov.uk. The rector is Reverend Michael Womack, 388889 or hoxnebenefice@gmail.com. **Services & opening times:** check times on church/village notice boards & in the village magazine. A monthly Hoxne Benefice Newsletter is available in the back of the churches. For your email copy please email the rector.

HORHAM BAPTIST CHURCH: Chapel Lane. Pastor - Adam Blowes, Chapel Manse, Worlingworth Road, Horham, IP21 5ER, Tel: 388008. Administrator - Rosemary Frost, 6 Willow Close, Stradbroke, IP21 5JD, Tel: 384719, Email: admin@horhambaptist.org.uk, Web: www.horhambaptist.org.uk.

Main Meetings: Sunday: 10.45am - Morning worship, 6pm - Evening worship. Communion first Sunday in month.

For under 18s: Sundays at 10:45am: Crèche, Little Learners, Transformers (age 5-11), Distinctive & Transitions (High School) - Tuesdays: 9:30 Toddler Group - Fridays: 6pm Megamix (5-year 5), 7:30pm Switch (year 6 onwards). Annual Holiday Club for ages 3-11.

Local outreach & community activities: Toddler Group, 'Friendship Hour', Seniors' meals; Weekly Monday morning 'Coffee & Chat', monthly craft group, community home groups, Life & Christianity Explored courses, men's & ladies' Evenings, annual community fayre & Christmas Party, CAP money courses & much more!

THE CATHOLIC CHURCH OF ST. HENRY MORSE, Shelfanger Road, Diss, Norfolk, IP22 4DX, Parish priest: Fr David Bagstaff, Tel: 642914, Email: parishpriest@holyltrinitydiss.plus.com, Web: www.sthenrymorse.com.

Regular mass times: Sunday Vigil Mass - Sat 6pm, Sun 9am; Mass in Polish is said on the first & third Sun of the month at 1.30pm; Tues, Wed, Thurs & Fri, 9.30am, Morning Prayer before at 9.10am; Sat 10am - The Rosary is said at 9.40am, Confessions 10.30am. Further details online.

JUBILEE BAPTIST CHURCH: Web: www.jubileebaptistchurch.co.uk.

Worship Meetings: Sundays 10.45am in Occold Village Hall.

Kids Church: Sunday morning, during school term times. Children ages 3-8 are welcome.

Occold Youth Club: alternate Friday evenings all year round (except during the school summer holidays) - 7.30-9pm for those aged 9-11; 7.30-10pm for everyone aged 12 & upwards.

DENHAM VILLAGE HALL: The hall is currently closed until a survey can be completed to determine the level of renovation required to allow this historic building to continue to be used as a community space.

OCCOLD VILLAGE HALL: Jubilee Field, Occold, IP23 7PL. On the village Playing Field behind The Beaconsfield Arms. It is managed by Occold Recreational & Amenities Council. It is available for hire by local & non-local organisations & individuals. Rates range from £6 to £13 per hour. To book the hall contact Di Noller on 01379 678198 or online at <http://occold.onesuffolk.net/local-services/village-hall>. Email villagehall@occold.com.

RECYCLING CENTRES:

BROME COMMUNITY RECYCLING CENTRE: Industrial Estate, Brome, Eye, IP23 7HN. The centre is run by KHK Recycling & charges have to be made for certain types of waste, to pay for disposal & the costs of running the facility. Open Mon, Tues, Thurs, Fri & Sat 10am-2pm. Closed Wed & Sun. Visit www.midsuffolk.gov.uk/waste-services/brome-community-recycling-centre for list of acceptable items etc. For info Tel: 873371 or 07857 662528 or Email: khkreycling@gmail.com.

STOWMARKET HOUSEHOLD WASTE RECYCLING CENTRE: Old Bury Road, Stowmarket, Suffolk, IP14 1JQ. Mid Suffolk District Council-run site, Open April-Sept: Mon, Tues, Thurs, Fri, Sat, Sun 9am-5pm (open to 7pm Thurs May-Aug). Open Oct-Mar: Mon, Tues, Thurs, Fri, Sat, Sun 9am-4pm. Closed Wednesdays, Christmas Day, Boxing Day & New Years Day. Visit www.greensuffolk.org/recycling/HWRC/stowmarket-hwrc for list of acceptable items etc.

MORNINGTHORPE MAIN RECYCLING CENTRE: Bungay Road, Morningthorpe, Long Stratton, NR15 2LJ (north of Long Stratton; turn east off the A140 along the B1527 towards Hempnall, the site is signposted after a couple of miles or so). Open 1 April-30 September, 9am-5pm, 7 days a week; 1 October-31 March, 9am-4pm, 7 days a week. Open as usual on bank holidays but closed on Christmas Day, Boxing Day & New Year's Day. The centre is run by Norfolk County Council. Visit www.norfolk.gov.uk/rubbish-recycling-and-planning/rubbish-and-recycling/find-your-local-recycling-centre/morningthorpe-main-recycling-centre for list of acceptable items etc.

RECYCLING BANKS:

■ **Paper & glass:** Village Hall Car Park, Hoxne Road, Denham; Horham Community Centre car park; Occold Village Hall.

■ **Glass only:** Athelington Hall, Horham Road, Athelington; Thorndon Village Hall, High Street, Thorndon.

■ **Paper, glass & textiles:** Buckshorn Lane car park, Eye.

■ **Batteries:** Anglia Cooperative, Church Street, Eye.

■ **Fire Fighters Charity textile banks:** Eye Fire Station, Lambseth Street; Stradbroke Fire Station, Wilby Road.

REFUSE COLLECTION: Mid Suffolk District Council run an alternate week collection service. This means that one week they will collect your black refuse bin, & the following week they collect your green recycling bin. The calendar for Mid Suffolk residents is available at www.midsuffolk.gov.uk/waste-services/collection-days or you can call the Waste Services team on 0300 1234 000, option 4. Make sure: the correct bins are put out by 6.30am on the day of collection; bin lids are firmly closed; bins are placed at the nearest point to the public highway; any additional waste/recycling is placed in authorised sacks (no waste in black sacks beside or on the bin will be taken); recycling bins contain items that are recyclable, otherwise they may not be emptied & your bins may be stickered to let you know why. Make sure you know what goes in your bin by checking the *Getting it Right* leaflet available at www.midsuffolk.gov.uk/waste-services/collection-days/. Missed collections must be reported within 48 hours.

Brown bins for garden waste are available for £55 each. Any household can apply for one but access to the scheme depends on there being easy & safe access for collectors & vehicles (www.midsuffolk.gov.uk/waste-services/garden-waste-and-composting/garden-waste-collection-service/).



BULKY ITEM COLLECTIONS: Mid-Suffolk Council can collect and dispose of household (excludes DIY waste, fixtures or fittings) items for you. This service costs £39.50. They will collect up to five separate items (or 10 bags of household refuse/garden waste). The crews will not enter properties, garages, back gardens or sheds, so you must place your items in a place which is easy to access from the street. You can book a collection online (www.midsuffolk.gov.uk/waste-services/bulky-item-collections) or by phone (0300 123 4000, option 4).

EXCESS REFUSE:

- Excess refuse will only be collected if in authorised orange sacks.
- Excess recycling will only be collected if in clear, see-through sacks.
- Excess garden waste will only be collected if in authorised green garden waste sacks.
- Orange refuse sacks are 67p each, clear recycling sacks are 10p each & green garden waste sacks are £1.05 each. They are available from: **Henry Abbott Hardware**, 1a Chancery Lane, Debenham, IP14 6RN; **McColls**, 7 Church Street, Eye, IP23 7BD; **Fressingfield Stores**, New Street, Fressingfield, IP21 5PG; **Hoxne Post Office Stores**, Low Street, Hoxne, IP21 5AR; **Co-op Food Store**, High Street, Laxfield, IP13 8DH; **Stradbroke Bakery**, Queen Street, Stradbroke, IP21 5HG; **Thorndon Community Shop**, The Street, Thorndon, IP23 7JR. Helpline: 0300 123 4000, option 4, Email: recycling@babberghmidsuffolk.gov.uk.

DOCTORS: **Fressingfield Medical Centre**, New Street, Fressingfield, IP21 5PJ – 586456, & **Stradbroke Medical Centre**, Wilby Road, Stradbroke, IP21 5JN – 388313, (www.fressingfieldmedicalcentre.co.uk). **Eye Health Centre**, Castleton Way, Eye, Suffolk, IP23 7DD – 870689 (www.eyehhealthcentre.co.uk).

ACCIDENT & EMERGENCY DEPARTMENTS: **The Ipswich Hospital**, Heath Road, Ipswich, IP4 5PD; **West Suffolk Hospital**, Hardwick Lane, Bury St. Edmunds, IP33 2QZ; **Norfolk and Norwich University Hospital**, Colney Lane, Norwich, NR4 7UY.

PHARMACIES:

- **Eye Pharmacy**, 5 Broad Street, Eye, IP23 7AF, Tel: 870233;
- **Well Diss - Market Place**, 11 Market Place, Diss, IP22 4AB, Tel: 642053;
- **Boots**, 9 Market Place, Diss, IP22 4AB, Tel: 642436;
- **Hado Pharmacy**, 66 Mount Street, Diss, IP22 4QQ, Tel: 644001;
- **The Pharmacy**, 1 Little Back Lane, Debenham, IP14 6RB, Tel: 01728 860421;
- **Tesco Pharmacy**, Cedars Link Road, Stowmarket, IP14 5BE, Tel: 0345 677 9661;
- **Boots**, Violet Hill Road, Stowmarket, IP14 1NL, Tel: 01449 615561;
- **Boots**, 21 Ipswich Street, Stowmarket, IP14 1AH, Tel: 01449 612349;
- **Asda Stores**, 8-9 Wilks Way, Stowmarket, IP14 1DE, Tel: 01449 778510;
- **Framlingham Pharmacy**, 32 Market Hill, Framlingham, IP13 9AY, Tel: 01728 723477.

DENTISTS (you need to check to see if they accept NHS patients):

- **Bupa Dental Care, Eye**, Lambseth Street, Eye, IP23 7AG, Tel: 870296;
- **Fair Green Dental Practice**, 63a Lower Denmark Street, Diss, IP22 4BE, Tel: 651689;
- **Bupa Dental Care, Diss**, 65 Mount Street, Diss, IP22 4QQ, Tel: 643693;
- **Diss Dental Health Centre Limited**, 3 Mount Street, Diss, IP22 4QG, Tel: 642522;
- **Hopton Dental Surgery**, High Street, Hopton, IP22 2QX, Tel: 01953 688110;
- **Bupa Dental Care**, Harleston, 24-26 Redenhall Road, Harleston, IP20 9ER, Tel: 854466;
- **Community Dental Services CIC**, Violet Hill House, Violet Hill Road, Stowmarket, IP14 1NL, Tel: 01449 776043;
- **Wedgwood House Dental Practice**, 100 Bury Street, Stowmarket, IP14 1HF, Tel: 01449 771700;
- **Bury House**, 32 Bury Street, Stowmarket, IP14 1HH, Tel: 01449 612705;
- **Tavern Street Dental Practice**, 5 Tavern Street, Stowmarket, IP14 1PJ, Tel: 01449 612181;
- **The Dental Design Studio**, 7 Crowe Street, Stowmarket, IP14 1DL, Tel: 01449 613369;
- **Framlingham Dental Practice**, 26 - 28 Bridge Street, Framlingham, IP13 9AH, Tel: 01728 723651.

HORHAM & ATHELINGTON PARISH COUNCIL: Tel: 384625.

REDLINGFIELD PARISH MEETING (www.redlingfield.suffolk.gov.uk): Tel: 678835.

Email: pc@redlingfield.suffolk.gov.uk.

DISTRICT COUNCILLOR: Elizabeth Gibson-Harries Tel: 384680.

Email: elizabeth.gibson-harries@midsuffolk.gov.uk. Boundaries will change from May 2019.

COUNTY COUNCILLOR: Guy McGregor. Tel: 668434. Email: guy.mcgregor@suffolk.gov.uk.

MEMBER OF PARLIAMENT (www.drdanielpoulter.com): Dr Daniel Poulter. Tel: 0207 219 7038.

Email: daniel.poulter.mp@parliament.uk. Write to House of Commons, London, SW1A 0AA.

He is also available via his constituency office on 01728 726 588.

MID SUFFOLK DISTRICT COUNCIL (www.midsuffolk.gov.uk): Offices at Stowmarket (54 Ipswich Street, IP14 1AD), Mon-Thurs, 9am-5pm; Fri 9am-4.30pm. Main office Endeavour House, 8 Russell Road, Ipswich IP1 2BX, Mon-Fri 8.30am-6pm. Mailing address: Babergh & Mid Suffolk District Councils, Endeavour House, 8 Russell Road, Ipswich, IP1 2BX. Customer service email customer.service@baberghmidsuffolk.gov.uk. Tel: 0300 1234000 (from 8.45am) to be connected to any council service ...

■ for council tax, housing benefits or housing rents **option 2**;

■ housing or housing repairs **option 3**;

■ bins, household waste & recycling **option 4**;

■ building control or planning **option 5**;

■ for licensing **option 6**;

■ for environmental health or general enquiries **option 7**.

For emergency repairs to council properties or to report dangerous structures: 0808 168 7794. Business rates: 01473 433851. To make a payment: 0845 372 4112. For a text mobile service for hard of hearing customers: 07827 842833.

SUFFOLK COUNTY COUNCIL (www.suffolk.gov.uk): Suffolk County Council, Endeavour House, 8 Russell Road, Ipswich, IP1 2BX. Mon-Fri 8.30am-6pm.

Customer Services (all depts): 03456 066 067. Email: customer.service@suffolk.gov.uk.

Social care services: 0808 800 4005. Email: customer.first@suffolk.gov.uk.

School Admissions: 0345 600 0981. Email: admissions@suffolk.gov.uk.

Early Years & Childcare Service: 0345 608 0033 (Suffolk Family Information Service);

Email: childcare.planning@suffolk.gov.uk.

Emergency Planning: 01473 265321; Email: emergency.planning@suffolk.gov.uk.

Fire & Rescue Service: 01473 260588 (999 in an emergency); Email:

fire.businesssupport@suffolk.gov.uk.

Fostering & Adoption: 01473 264800; Email: fosterandadopt@suffolk.gov.uk.

Highways: 0345 606 6171; you can report a non-emergency faulty street light quickly & easily online.

Household Waste Sites or rubbish tips: 0345 606 6067; Email:

waste.management@suffolk.gov.uk.

Payments line: 0800 090 2911.

Public Rights of Way: 0345 606 6171; Email: customer.service@suffolk.gov.uk. Web:

www.suffolkpublicrightsofway.org.uk. General info: www.discoversuffolk.org.uk.

Trading Standards: 0345 404 0506 (Citizens Advice service); Email:

tradingstandards@suffolk.gov.uk.

SUFFOLK POLICE & CRIME COMMISSIONER: Tim Passmore, Tel: 01473 782773 Email:

spcc@suffolk.pnn.police.uk Web: www.suffolk-pcc.gov.uk.

COMMUNITY ACTION SUFFOLK: Helps individuals to find volunteering opportunities & provides advice & support to organisations to create & manage volunteering programmes & to find volunteers. Tel: 01473 345400, Email: info@communityactionsuffolk.org.uk, Web: www.communityactionsuffolk.org.uk. Community Action Suffolk, Brightspace, 160 Hadleigh Road, Ipswich, IP2 0HH.

EMERGENCY NUMBERS ETC

POLICE: (www.suffolk.police.uk): Eye Police Station, Eye Safer Neighbourhood Team, The Lodge, Castleton Way, Eye, Suffolk, IP23 7BH. Our Community Police Officer is PC 1856 Dan Peck supported by a Police Community Support Officer (PCSO numbers are likely to be reduced in October so it is unlikely there will be a dedicated one for this area). Email: eye.snt@suffolk.pnn.police.uk Web: www.suffolk.police.uk

The nationwide non-emergency number is 101 (you can ring 101 from any phone anywhere in the country & be put through to the force you require. You pay a one off fee for dialling this number - it is not charged by the minute). The quickest & easiest way to report non-emergencies is via the website. Click on "Contact Us" then "Report Something"

In an emergency dial 999. You should dial 999 when life is threatened or people are injured, or if there is a crime in progress or an immediate police response is necessary. It is better to be safe than sorry.

CRIMESTOPPERS: 0800 555 111 (you can also report waste crime anonymously to Crimestoppers, such as dumping large amounts of waste illegally).

NEIGHBOURHOOD WATCH: Horham, Hav Wilkins (384625).
Redlingfield, Midge Gibbons (678169).

NHS 111: For health advice & information, 24 hours a day, 365 days a year call 111 from any landline or mobile phone free of charge or visit www.nhs.uk. You should use the NHS 111 service if you urgently need medical help or advice but it's not a life-threatening situation. Call 111 if: you need medical help fast but it's not a 999 emergency; you think you need to go to A&E or need another NHS urgent care service; you don't know who to call or you don't have a GP to call; or you need health information or reassurance about what to do next. For less urgent health needs, contact your GP or local pharmacist in the usual way.

ELECTRICITY (UK Power Networks): **in event of a powercut call free on** 0800 3163105 or 105, text POWER & your postcode to 80876 or visit ukpowernetworks.co.uk/liveupdates.
If you spot a potential hazard on or near an overhead electricity line call 0800 40 40 90.

GAS (if you smell gas call): 0800 111 999.

ANGLIAN WATER (supply & sewerage emergencies): 03457 145145; (leaks) 0800 771881.

ESSEX & SUFFOLK WATER: If you spot a non-urgent leak in the street you can report it using an online form at www.eswater.co.uk (if you can upload & send photographs of the leak it may be repaired quicker), Tweet a photograph of the leak to @eswater_care or use the web chat facility on the website. Call their leakline on 0800 526 337 for any urgent leaks.

ENVIRONMENT AGENCY: Call the Environment Agency incident hotline 0800 80 70 60 to report: damage or danger to the natural environment; pollution to water or land; poaching or illegal fishing; dead fish or fish gasping for air; main rivers blocked by a vehicle or fallen tree causing risk of flooding; flooding from any river, stream, canal, natural spring or the sea; incidents at Environment Agency-regulated waste sites; illegal removals from watercourses; unusual changes in river flow; collapsed or badly damaged river or canal banks.

REPORTING ANIMAL CRUELTY: Call the RSPCA 24-hour line to report cruelty or an animal in distress. 0300 1234 999.

This directory is produced by Evelyn Adey (evelyn.adey@btinternet.com, 01728 628428, Ivy House Barn, Southolt Road, Athelington, IP21 5EL) & Mike Ager (mike@gn.apc.org, 01379 678835, Hidcote Lodge, Mill Road, Redlingfield, IP23 7QU) in conjunction with Athelington, Horham & Redlingfield News which is published four times a year. Printed by Tuddenham Press Limited, Unit 4, Hill Farm Barns, Ashbocking Road, Henley, IP6 0SA.