FEB 2016	7 Feb Last before Lent	14 Feb 1 Lent	21 Feb 2 Lent	28 Feb 3 Lent
	Exodus 34:29-35 2 Cor 3:12-4:2 Luke 9:28-36, (37-43a)	Deuteronomy 26:1-11 Romans 10:8b-13 Luke 4:1-13	Gen 15:1-12,17-18 Phil 3:17-4:1 Luke 13:31-35	Isaiah 55:1-9 1 Cor 10:1-13 1 Luke 13: 1-9
Athel'ton			9.30am Holy Comm	
Denham				11.15am Family Service
Horham		9.30am Holy Comm		11.15am Family Service
Hoxne	11.15am Holy Comm	11.15am Morning Prayer	8.30am BCP Holy Comm 5.45pm Choral Evensong (see News)	10am Family Service
Redl'field	9.30am Holy Comm			10am Morning Prayer
Syleham	4pm Messy Church for the benefice		10am Village Praise	9.30am Holy Comm
Wingfield	10am Morning Prayer	11am Holy Communion	10am Family Service	10am Morning Prayer

Tuesday 9 February, 7.30pm, Midweek Communion at the home of Carol and Ian Rose Willow Cottage, Denham

Hoxne Benefice Newsletter

* Athelington * Denham * Horham * Hoxne * Redlingfield * Syleham * Wingfield

February 2016



Lent starts on Ash Wednesday, 10 February; (deanery service 7pm at Wilby) for all my comments about singing Lenten dirges, I really quite like Lent. Increasingly, I think it is a good church season in which to be an Anglican; it is the season when we reflect and anticipate all that Christ gave to the world at Easter. A key part of being an Anglican is the parish church, something that we keep in trust and offer to the whole community.

The parish church, as serving all around, is an image of Christ giving Himself for the life of the world. And so, in Lent we can reflect on what Christ gives us and in turn what we as people seeking to follow His way can give to the world.

As I continue my recovery, I've not had time or energy to organise a conventional Lent group, even so there is a broad range of Lent events starting this month; all help us grow in our service, from acts of worship to sessions on helping in church and onto 40 Acts of kindness. Full details inside!

Rev Michael

Thank you for your support; my phased return continues well and I've passed the half-way stage. **Rev Michael's days off in February**...Tues 2 (pm), Thurs 4, Sat 6, Mon 8 (am), Thurs 11, Sat 13, Weds 17 (pm), Thurs 18, Fri 19, Weds 24, Thurs 25, Fri 26, Sat 27.

Reverend Michael Womack

St Andrew's House, Vicarage Road, Wingfield, Diss, Norfolk IP21 5RB. 01379 388889, hoxnebenefice@gmail.com Churchwardens

Athelington: St Peter. Evelyn Adey 01728 628428, John Davy 01379 742878 Denham: St John the Baptist. Michael Reeves 01379 668179 Hoxne: St Peter & St Paul. Brian Chester 01379 669157, Guy McGregor 01379 668434 Horham: St Mary. David Spall 01379 384239, Daphne Harvey 01379 384216 Redlingfield: St Andrew. Hazel Abbott 01379 678217 Syleham: St Margaret. Mary Lewis 01379 669258, John Leader 01379 668205 Wingfield: St Andrew. John McCracken 01379 384181

Wingfield Barns 01379 384505

Wednesday 3 February: Eastern Synergy Arts, Wellbeing Workshops 1-4 pm. For further details contact Sam on 07825 058684 or jordan2isgood@gmail.com

Wingfield Community Walk - Sat 13 Feb 2016 - meet at Wingfield Barns car park (IP21 5RA) 10.30am. Circular route of 1 hour. Return to the Barns for coffee, tea and cake. Bring appropriate footwear, Dogs on leads, walk at your own risk. (Roger 01379 384393)

I'd like to help more in Church...

It is tremendous how many people are involved in our worship, in the 'hidden' things of flowers, cleaning and music but also in Bible reading and leading the prayers. It helps join us together into the Body of Christ. I know more people would like to be involved but would appreciate help getting started. This Lent, help is at hand! Both for those who want to be more involved and those who'd like a bit of a refresher and to share experience. There will be 3 Sunday afternoon sessions, administering the chalice, reading in church and leading the prayers in church. Each one will be in Wingfield at 3pm, usually starting in the church but then back to the rectory for afternoon tea and comfortable chairs.

Sun 21 February: Administering the wine at communion

Sun 28 February: Reading the Bible Sun 13 March: Leading prayers Come to any or all of the sessions, as you want; it'll be lovely to see you.

There will be a memorial service for the Reverend David Streeter (1942 - 2015) in St. Mary's Church, Horham on Tues 9 Feb, 2.30pm and a bring and share Shrove Tuesday Tea Party at Horham and Athelington Community Centre afterwards with donations to St Elizabeth's Hospice.

What are you giving up for Lent?

Chocolate? Alcohol? Caffeine? Why not try a different approach this year and join the 40 Acts movement. 40 days of giving back, doing good and living generously - sign up to the challenge and each day you will receive an e-mail outlining the task for the day with 40 blogs to read and ponder. It isn't all about money - your time, energy, skills, resources and prayers can all be utilised. It can be as simple or complicated as you wish and if you need to miss days, that's ok, there's no one checking up!

I took part last year as one of over 74,000 people and found it a great experience. Why not try it yourself and put your faith into action this Lent.

For more information see the poster in your church, take a flyer or visit the website 40acts.org.uk (Barbara Irwin)

Ash Wednesday at the Depperhaugh To start you off on your 40 Acts, everyone is welcome to come and join in a short service at the Depperhaugh on Ash Wednesday 10 February at 2pm.

Every Monday in Lent, a light breakfast at St Andrew's House (The Rectory) in Wingfield from 7.45am will precede a simple morning service at 8.30am to be finished by 9.00am. Numbers please (for catering) to Rev Michael.

Deanery Ash Wednesday service

A service revolving around ashes, the ancient symbol of penitence, at St Mary's Wilby, 7pm, Wednesday 10 February. All welcome. (park in village hall car park, beyond the church, round the bend)

Compline during Lent at Wingfield

A gentle and reflective service with which to end the week, starting on Friday 12 February, 6pm at St Andrew's Wingfield.

Syleham

About 70 enjoyed our Carols with Amici on 20 Dec and mulled wine and mince pies after and, as always, we owe a big 'thank vou' to Adrian Knott and the Amici choir and to Roger Golder who played the organ. **Messy Church** for the benefice, continues on Sunday 7 February, 4pm at Syleham Village Hall, when we shall hear about the tiny seed that grew and GREW. Soup and Snowdrops - we are repeating this popular event on Saturday 20 Feb. 'Booking in' will be from 11.30am at the village hall, where home-made soups, bread and cheese will be served before or after your walk - until 2.30pm. Footpath maps of the village will be available and Mr Leader is kindly opening up the snowdrop woods at Monks Hall. Dogs must be on leads. Cost £3.50 per adult and £2 children. Proceeds to church funds.

Denham midweek Communion

Tuesday 9 February, 7.30pm at (home of Carol and Ian Rose, Willow Cottage, Hoxne Road, Denham IP21 5DF 01379 669337). Everyone is welcome to this simple, reflective service.

Canon Mike Harrison, to become the new Bishop of Dunwich, moves to Suffolk with his family in February to be made a Bishop during a ceremony at Westminster Abbey on Wednesday 24 February, before being installed as the Bishop of Dunwich at St Edmundsbury Cathedral Sat 27 Feb, 3.30pm. Please remember Canon Mike and his family in your prayers as they prepare to join us in this diocese. For tickets email

deanspa@stedscathedral.org or call 01284 748722.

This newsletter is found in all churches, but you can get it early by email. Please email hoxnebeneficeoffice@gmail.com Always plenty of coffee to drink! * In the Old School Hall in Horham every Wednesday morning from 10am there is coffee, cookies, cakes and chatter and now, internet access and tuition!!

* **Redlingfield's monthly winter** coffee morning, Wednesday 3 February 2016 at the home of Pauline and Herbert Abbott, Rookery Farm, Redlingfield. Usual coffee, tea, cakes and fellowship plus a book swap.

* **Wingfield coffee** in the foyer at Wingfield Barns, 10am to 12 noon, Tuesday 16 Feb.

* Friends of Hoxne Church coffee morning in the church, 10am, Saturday 27 February

The choir of St Edmundsbury Cathedral A rare treat for those who enjoy church music – will be at St Peter and St Paul, Hoxne to sing Choral Evensong with all its musical splendour on Sunday 21 February beginning at 5.45pm. This will be the first time the highly regarded choir has visited the Hoxne Deanery and is part of the cathedral's outreach programme to churches in the diocese.

A highly successful secondhand book sale at St Peter and St Paul. Hoxne

and organised by the Friends of the Church raised £740 (£600 from book sales and £140 from refreshments). Very many thanks to Chris Johnson and the bakers and makers of cakes and soup. Hopefully more sales will be planned.

Women's World Day of Prayer - 4 March, 2pm at Horham Baptist church. There will be a meeting Thursday 4 Feb at 2pm at the Baptist church to discuss the details. Please let Val Swallow v.swallow44@btinternet.com know if you can attend or if not, please let her know if you would like to participate on the day.